



Lending Library

The Lending Library has over 250 books that are available to check out.

Topics include:

Children's Health & Safety

Women's Health

Pregnancy & Birth

Breastfeeding

Infant & Child Development

Fathering & Grandparents

Adoption

Working Parents

Twins

Massage

Spanish

Nutrition & Fitness

Parenting, Discipline & Behavior

Emotional Development

Language Development and

Reading Activities

Children's Books

Self-Help, Divorce & Loss

Library Check Out Procedures

- Please sign and date the library card found on either the last page or first page of the book.
- Place the library card in the silver box.
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TITLE

AUTHOR / PUBLISHER

Adoption

Making Sense of Adoption: A Parent's Guide	Melina
Raising Adopted Children	Melina
The Lesbian and Gay Parenting Handbook	Martin
Raising Adopted Children - A Manual for Adoptive Parents	Melina
Children of Open Adoption	Silber and Dorner
The Essential Adoption Handbook	Alexander-Roberts
Open Adoption: A Caring Option	Lindsay
Dear Birthmother - Thank you for our baby	Silber & Speedlin

Health-Women

After the Baby's Birth...A Woman's Way to Total Wellness	Lim
Mothering the New Mother: Your Postpartum Resource Companion	Placksin
The New Our Bodies, Ourselves	Boston Women's Health
Our Bodies, Ourselves for the New Century	Boston Women's Health
This Isn't What I Expected: Overcoming Postpartum Depression	Kleiman and Raskin

Pregnancy/Birth

Pregnancy, Birth and the Early Months	Fienbloom
Cesarean Birth: A Couples Guide For Decision And Preperation	Mitchell and Nason
What To Expect When You're Expecting	Eisenberg, Murkoff, and Hathaway
Special Delivery	Baldwin
Huband Coached Childbirth	Bradley
Someone Else To Love	Schultz
The Pregnat Woman's Comfort Book	Louden
Pregnancy, Childbirth, and The Newborn	Simkin, Whalley and Keppler
Labor and Birth: A Guide For You	Todd
Natural Childbirth The Bradley Way	McCutcheon
9 Months 1 Day 1 Year	Morzollo

Your Natural Pregnancy	Charlish
Birth Without Violence	Leboyer
Six Practical Lessons For an Easier Childbirth	Bing
Pregnancy & Childbirth	Hotchner
Spiritual Midwifery	Gaskin
Meditations for the Expectant Mother	Brenneman
Taking Charge Of Your Fertility	Weschler
Pregnancy Chic	Serota and Kozlow
Welcoming Your Second Baby	Lansky
Now That You're Pregnant	Edieken and Antar
Conception, Pregnancy and Birth	Stoppard
Pregnancy Bedrest	Johnson and Deborah
Pregnancy in anatomical illustrations	Carnation Healthcare Services
Protecting Your Baby-to-be	Wesley
While Waiting	Verrilli and Mueser
The First Nine Months Of Life	Flanagan
Your Pregnancy week by week	Curtis
Your Pregnancy after 30	Curtis
I'm Pregnant! A week-by-week guide from conception to birth	Regan

Health/Safety-Children

SIDS: A parent's guide to understanding and preventing Sudden Infant Death Syndrome	Sears
The Portable Pediatrician for Parents	Nathanson
Taking Care of Your Child: A Parent's Guide to Medical Care	Pantell, Fries, and Vickery
Safe & Healthy: A Parent's Guide to Children's Illnesses & Accidents	Sears
Making Your Home Child-Safe	Vandervort
Your Child's Health: A Pediatric Guide For Parents	Schmitt
The Well Baby Book	Samuels, and Samuels

Fathering/Grandparents

Grandparenting in a Changing World	LeShan
The Man Who Would Be A Dad	Hilling
Teen Dads	Lindsay
Becoming a Father: How to Nurture & Enjoy Your Family	Sears
Pregnant Fathers	Heinowitz
When Men Are Pregnant: Needs and Concerns of Expectant Fathers	Shapiro
The New Father: A Dad's Guide to the Toddler Years	Brott
Be Prepared: A Practical Handbook for New Dads	Greenberg and Hayden
Baby's First Year: Baby Tips for New Dads	Murphy
The 7 Secrets of Effective Fathers	Canfield
Your Pregnancy for the father-to-be	Curtis & Schuler
The Expectant Father: Facts, Tips and Advice for Dads-to-be	Brott & Ash
The New Father: A Dad's Guide to the First Year	Brott
Chicken Soup for the Father's Soul	Canfield, Hansen, Aubrey, Donnelly & Donnelly
New Father Book: What every new father needs to know to be a good dad	Horn & Rosenberg

Twins

TWINS!: Pregnancy, Birth, and The First Years of Life	Agnew, Klein, and Ganon
Mothering Twins	Albi, Johnson, Catlin, Duerloo, and Greatwood
Mothering Multiples	Gromada
Having Twins	Noble
Multiple Blessings: From Pregnancy Through Childhood, a Guide for Parents of Twins, Triplets, or More	Rothbart

Infant/Child Development

The Young Child: Development from Prebirth Through Age Eight	Puckett and Black
What to Expect the First Year	Eisenberg, Murkoff, and Hathaway
Crying Baby, Sleepless Nights: Why your Baby is Crying and What You Can Do About it	Jones
Nighttime Parenting: How to Get Your Baby and Child to Sleep	Sears
Guide to Your Child's Sleep: Birth through Adolscence	AAP

The Sleep Book for Tired Parents	Huntley
The Baby Book	Sears, and Sears
The New Middle of the Night Book	MELD
Bringing up Baby	Lerner, and Dombro
Transition Magician For Families	Chvojicek, Henthorne, and Larson
The First Year	ROSS
Curing Infant Colic	Taubman
The Fussy Baby Book	Sears, and Sears
Baby Tactics	Hill
Solve Your Child's Sleep Problems	Ferber
Your Baby's First Year Week by Week	Curtis, and Schuler
What Every Baby Knows	Brazelton
You and Your Newborn	Todd
Infants and Mothers	Brazelton
Experts Advise Parents	Ames, Briggs, Cates, Dinkmeyer, Dodson, Ferber, Gordon,
Toddlers and Parents	Brazelton
A Teacher's Window Into the Child's Mind	Goddard
Your Baby & Child	Leach
The Early Childhood Years	Caplan
From Baby to Toddler	Johnson, and Johnson
Helping Young Children Flourish	Solter
What to Expect: The Toddler Years	Eisenberg, Murkoff, and Hathaway
How to Get Your Baby to Sleep	Sears & Sears
97 Ways to Make a Baby Laugh	Moore
Games to Play with Babies	Silberg
Preemies: The Essential Guide for Parents of Premature Babies	Linden, Paroli, & Doron
Newborn Intensive Care	Zaichkin
Learning & Growing Together	Lerner and Dombro

Breastfeeding

Mother-to-Mother: Support Handbook	La Leche League International
Breastfeeding Today: A Mother's Companion	Woessner, Lauwers, and Bernard
Breastfeeding: Pure & Simple	Gotsch
New Mother's Guide To Breastfeeding	Meek, and Tippins
The Complete Book of Breastfeeding	Eiger, and Olds
Nursing Your Baby	Pryor, and Pryor
Successful Breastfeeding: A Practical Guide For Nursing Mothers	Dana, and Price
Total Nutrition for Breast-Feeding Mothers	Kamen, and Kamen
The Nursing Mother's Companion	Huggins
Mothering Your Nursing Toddler	Bumgarner
The Nursing Mother's Guide to Weaning	Huggins
Dr. Susan Love's Breast Book	Love
How Weaning Happens	La Leche League International

Spanish

Por Que Deberia Amamantar A Mi Bebe?	Wiggins
El Cuidado De Su Hijo Del Dr. Spock	Spock, and Rothenberg
Manual Para Alimentacion De Infantes Y Ninos Pequenos	Cameron, and Hofvander
Como Guiar Al Nino Sin Presion	Ames, and Chase
Como Crecen Los Perritos	Selsam
El Aprendizaje Por El Juego	Zapata
La Nina Invisible	Benjamin
Diagnostico De Atencion Y Proteccion De Los Menores En Situacion Extraordinaria En La Ciudad De Tijuana, B.C.	DIF
La Bella Durmiente: Sleeping Beauty	Irvine, and Strejan
Manzano, Manzano!	Blocksma
Un Cuento De Peces Y Sus Formas	Wylie, and Wylie
Manual Pediatrico Para Los Duenos Del Nuevo Bebe	Weinberg
Padres Positivos	Kubli

Que Se Puede Esperar Cuando Se Esta Esperando	Eisenberg, Murkoff, and Hathaway
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Working Parents

Ask The Children	Galinsky
Survival Tips For Working Moms	Pillsbury
Working and Caring	Brazelton
Working Parents Survival Guide	Olds
Of Cradles & Careers	Lowman
The Working Parents Help Book	Price, and Price
Nursing Mother, Working Mother	Pryor

Parenting/Discipline/Behavior

Positive Discipline A-Z	Nelson, Glenn, and Lott
Positive Self-Talk For Children	Bloch, and Merritt
Raising Your Spirited Child	Kurcinka
Raising Your Spirited Child Workbook	Kurcinka
Practical Parenting Tips	Lansky
P.E.T.(Parent Effectiveness Training)	Gordon
Discipline: 101 Alternatives to Spanking	Price
How To Talk So Kids Will Listen & Listen So Kids Will Talk	Faber, and Mazlish
Preventive Parenting with Love, Encouragement, & Limits	Dishion, and Patterson
No More Sibling Rivalry	Taylor
The 7 Worst Things Parents Do	Friel, and Friel
Are Mothers Always Awake?	Goldman
The Hurried Child(3)	Elkind
Siblings Without Rivalry	Faber, and Mazlish
The Girlfriend's Guide to Toddlers	Iovine
Off Road Parenting	Pacifici, Chamberlain, and White
Back Talk	Ricker, and Crowder
Positive Discipline	Nelson
What Do I Do When...?	Allen

Your Child's Self-Esteem	Briggs
Raising A Thinking Child	Shure, amd DiGeronimo
The Moral Intelligence of Children	Coles
20 Teachable Virtues	Unell, and Wyckoff
Proactive Parenting: Guiding Your Child From Two To Six	Faculty of Tufts University
Positive Discipline - The First Three Years	Nelson, Erwin, Duffy
Positive Discipline - For Preschoolers	Nelson, Erwin, Duffy
The Strong-Willed Child - Birth Through Adolescence	Dobson
Discipline: The Brazelton Way	Sparrow
Clark Smart Parents, Clark Smart Kids	Howard & Meltzer
The Science of Parenting	Sunderland
How to Behave so Your Children Will, Too!	Severe
Parenting Well in a Media Age	DeGaetano

Massage

Loving Hands	LeBoyer
Infant Massage	Schneider

Nutrition/Fitness

Guide to Your Child's Nutrition	American Academy of Pediatrics
Super Baby Food	Yaron
The Well-Fed Baby	Sweet, and Bloom
What To Eat When You're Expecting	Eisenberg, Murkoff, and Hathaway
Child of Mine: Feeding with Love and Good Sense	Satter
Vegetarian Children	Yntema
Diet for a Small Planet	Lappe
Eating Right For Two	Klein, and Badalamen
Eat Well, Lose Weight While Breastfeeding	Behan
Recipes from the Heart	LLL of Oregon
Whole Foods From The Whole World	LLL International
Baby Let's Eat!	Coyle

You & Me Baby	Regnier
The Baby Exercise Book	Levy
Maternal Fitness	Tupler, and Thompson
Suzy Prudden's Pregnancy & Back-to-Shape Exercise Program	Prudden, and Sussman
Positive Parenting Fitness	Olkin
Caring & Cooking for the Allergic Child	Thomas
Nutrition	Orlandi, Prue, and Spence
Feeding your Child for Lifelong Health	Roberts & Heyman
The Vegetarian Mother and Baby Book	Elliot
The Surprising Power of Family Meals	Weinstein

Emotional Development

The Winning Family	Hart
Mothering and Fathering	Thevenn
Self-Esteem: A Family Affair	Clarke
You Are Your Child's First Teacher	Baldwin
A Good Enough Parent	Bettelheim
Becoming Parents	Jaffe, and Viertel
The Magic Years	Fraiberg
Temperament Tools	Neville, and Johnson
Safeguarding Your Teenager From The Dragons Of Life	Youngs
Facets Non-Violent, Non-Sexist Children's Video Guide	Boyle
Creative Parenting: Made Easier: From Infant to Teenager to Adulthood	Royal
Good Parents for Hard Times	Koch, and Freeman
Raising Safe Kids in an Unsafe World	Wagner
Spoiling Childhood	Ehrensaft
How to Help Your Child Survive and Thrive in Public School	Schimmels
What Young Children Need to Succeed	Roehlkepartain, and Leffert
The Shelter of Each Other: Rebuilding Our Families	Pipher

Parents Who Think Too Much	Cassidy
Life In The Family Zoo	Platt
Starting Out Right	McGinnis, and Oehlborg
First Feelings	Greenspan, and Greenspan

Language Development and Reading Activities

Sign with your Baby	Garcia
Games Babies Play & More Games Babies Play	Hagstrom, and Morrill
Waiting Games	Bennett, and Bennett
TV-Free Activities	Bennett, and Bennett
300 Three Minute Games	Silberg
The Read-Aloud Handbook	Trelease
Young Children and Picture Books	Jalongo
Taking Books To Heart	Copperman
How Babies Talk	Golinkoff, and Hirsh-Pasek
You and Your Smaller Wonder	Karnes
What Is There To Do, Mommy?	Children's Play Room
Lets Make A Memory	Gaither, and Dobson
Children's Crafts	Sunset
The Magical Years	Bowdoin
Toddler Talk - The first signs of intelligent life	Garcia
Beyond Baby Talk: From Sounds to Sentences	Apel & Masterson

Self-Help/Divorce/Loss

The Anxiety & Phobia Workbook	Bourne
Saving Your Marriage Before It Starts	Parrott, and Parrott
Living Through Personal Crisis	Stearns
Getting The Love You Want	Hendrix
A Gift To Myself	Whitfield
Within Our Reach	Schorr, and Schorr

Helping Children Cope with Separation and Loss	Jewett
Learning to Leave	Triere, and Peacock
How To Choose The Sex Of Your Baby	Shettles, and Rorvik
Still To Be Born	Schwiebert, and Kirk
When Hello Means Goodbye	Schwiebert, and Kirk
The Boys And Girls Book About Divorce	Gardner
The Parent's Book About Divorce	Gardner
The Cherished Self	Morris-Spieker
The ACOA's Guide to Raising Healthy Children	Mastrich, and Birnes
And Baby Makes Three - The Official Book for the Bringing Baby Home Program	Gottman & Gottman
When Words Are Not Enough - The Women's Prescription for Depression and Anxiety	Raskin
Family First	McGraw
Beyond Tears--Living after losing a child	Mitchell

Children's Books

Michele: the Nursing Toddler	Pinczuk
Love You Forever	Munsch
Special Delivery	Baker
Nathan's Day at Preschool	Conlin & Friedman
It's My Body	Freeman
Music for Very Little People	Feierabend
The New Baby at Your House	Cole
Breastfeeding Nature's Way	WABA
Maggie's Weaning	Deutschbein
Everyone Poops	Gomi
We Like to Nurse	Martin